

Digital Training for those in Sheltered Housing



Skype



Email



Internet



Shop Online



Digital Media

Enhancing your life online

The Digital Age Project is all about digital inclusion – incorporating IT (information technology) into sheltered housing schemes across Northern Ireland in order to promote education, reduce social isolation, and improve the quality of older people’s lives. Individuals aged over 60 still remain less likely to access the internet than younger age groups.

WHAT DOES IT OFFER?

- FREE 10 week IT courses
- Informal small classes held in the Sheltered Housing Scheme
- Laptops & tablets provided for use during sessions
- Flexible dates, times to suit
- Friendly, experienced tutors to support residents learning
- Programme tailored to interests of the group
- Learning Resources
- IT equipment will be provided for participating schemes to support ongoing digital inclusion of housing residents
- Opportunity to link up with a local school/youth group for an additional fun intergenerational IT project

LEARN HOW TO:

- Access information
- Shop online
- Pursue hobbies & interests
- Keep in touch with friends, family and wider community
- Use  Skype,  facebook and  twitter
- Save money by making best use of finances!

The project is supported by the Big Lottery Fund for two years and delivered by a partnership comprising LGNI (Linking Generations NI - part of the Beth Johnson Foundation) as lead partner with Ignite IT, Zenith IT Solutions, NIACE (National Institute of Adult Continuing Education), NIFHA (NI Federation of Housing Associations) and in partnership with Go ON NI.

The internet opens up a world of possibilities...

Participants' comments:

- “The tutor made it all so easy and fun.”
- “I have more confidence now in going online and keeping in touch with family and friends.”
- “I can now copy and send photos, do research, book holidays and find out information.”

The opportunity for residents to link up with a local school/youth group for an additional intergenerational project will enhance their digital skills and create better understanding between both age groups.

- “I have learned how to listen and to talk to young people. Being in the company of a new generation is fun and it supported my learning experience.” *Older participant*

Interested Housing Schemes will be assessed by the partnership for their suitability and the extent to which IT is already being used. This includes what equipment will be required based on the residents' needs and if there are sufficient numbers and good support from the management and staff for the project to take place.



CONTACT

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www.centreforip.org.uk/northern-ireland/digital-age-project

 Linking Generations Northern Ireland

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 Digital Age Project



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