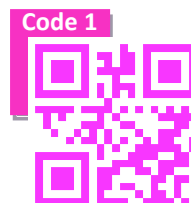


Whether it's for work, for support or just for meeting new people, many like to get involved in online communities.

There are some, on social media, but others that you can manually sign up

to.

Follow QR Code 1 will take you to **POP NI**, an advice community for older people in Northern Ireland.

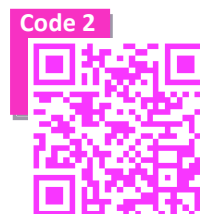


Click "Sign Up" and follow the instructions.

You will need an email address before you can do this (see card A2.

After you have signed up, follow QR Code 2, log in if it asks you to and you'll see that you are in a group called "Advice NI". Advice NI is a

group to help Northern Ireland citizens get advice on important topics. Groups are communities within a community. Click **Join Group** and post an introductory message to the administrators about who you are.



After that, return to the main page (you can follow the links or use QR Code 1 again).

Take a look around the site and see if you can find

- ✓ Upcoming events near you.
- ✓ Information about how to budget.
- ✓ Information about your consumer rights.
- ✓ Other groups you want to join (there's one for many local libraries)