

There are lots of ways of keeping in touch with friends and family over the internet. Use the QR Codes to see which ways might work for you and decide what you want to learn more about, then use the learner card for that particular task.

## Social Media

**What it is:** A website where you share all sorts of content with people who subscribe to your page (called 'friends' or 'followers')

**Best For:** Sharing photos, sharing small day-to-day details with relatives, sharing thoughts and opinions

**Less useful for:** Face-to-Face communication

**Examples:** Facebook, Twitter, Instagram



## VOIP & Video

**What it is:** A way to make telephone or video calls over the internet

**Best For:** Seeing and speaking to one or more people face to face

**Less useful for:** Sharing photos, sharing with a large group

**Examples:** Skype, Google Hangouts, Facetime

## Email

**What it is:** A way of sending letters (which can include photos) online

**Best For:** Sharing intimate or secure details with one person at a time

**Less useful for:** Sharing day-to-day thoughts or activities, sharing with a wide group of people

**Examples:** Gmail, Outlook, HushMail

